



## **KIDS TAKE HOME SHEET : BEING CHALLENGE KIDS**

### **WEEK 1: INTRODUCTION**

Theme: Introducing the 5 Themes of Being Challenge Kids

- 1) Forming Friendships
- 2) Studying Scripture
- 3) Pause for Prayer
- 4) Stop for Solitude
- 5) Choose Church

#### **MEMORY VERSE**

“Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace.”

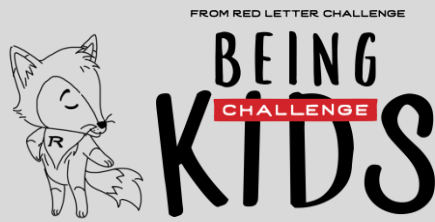
Matthew 11:29 (MSG)

#### **BIBLE VERSE**

“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash.” Matthew 7:24-27

#### **BIG IDEAS**

- Habits are the things we do without thinking in our life.
- Jesus practiced the following habits in His life to BE with God: community, scripture, prayer, solitude, and church.
- Habits help us become better followers of Jesus.



**DEAR PARENTS:**

We are excited to introduce your child(ren) to the 5 themes of *Being Challenge Kids*. For the next five Sundays we will be sending your child home with a CHALLENGE to complete throughout the week. Each challenge will be a way your child can be putting into practice the theme they are learning that week: form friendships, study scripture, pause for prayer, stop for solitude, and choose church.

We are never too young to begin new habits. In fact, those habits that we start as kids are the ones that stick with us the longest!

If we want to follow Jesus as disciples, we need to start by looking at the habits of Jesus in the 4 gospels: and these were 5 of the main things Jesus was observed doing. We would love to see these challenges done with you as a parent, or even better yet, as a whole family! Snap us a pic or send us a message letting us know what you did and how it went! We love hearing from you! Tag us on social media using [#BeingChallenge](#), [#RedLetterChallenge](#) or [#BeingChallengeKids](#).